

## COVID-19 Guidance

| Type/Scenario               | Description  | SCHD Guidance/Response   | DHHS Guidance/Response  |
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| Positive Case w/ Symptoms   | <p>Person has tested positive for COVID-19*</p> <p>*PCR or antigen test</p>                  | <ul style="list-style-type: none"> <li>• 10 day isolation from onset of symptoms AND</li> <li>• Fever free for 24 hours without medications AND</li> <li>• Symptom improvement</li> <li>• What to do                             <ul style="list-style-type: none"> <li>○ Stay home. Do not go to school or out in public.</li> <li>○ Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.</li> <li>○ Stay in a separate room from other household members, if possible.</li> <li>○ Use a separate bathroom, if possible.</li> <li>○ Avoid contact with other members of the household and pets.</li> <li>○ Don't share personal household items, like cups, towels, and utensils.</li> </ul> </li> <li>• Wear a mask when around other people if able.</li> </ul> | <ul style="list-style-type: none"> <li>• 10 day isolation from onset of symptoms AND</li> <li>• Fever free for 24 hours without medications AND</li> <li>• Symptom improvement</li> </ul> |
| Positive Case – no symptoms | <p>Person has tested positive for COVID-19 without symptoms*</p> <p>*PCR or antigen test</p> | <ul style="list-style-type: none"> <li>• 10 day isolation from date of test AND</li> <li>• No development of symptoms</li> <li>• What to do                             <ul style="list-style-type: none"> <li>○ Stay home. Do not go to school or out in public.</li> <li>○ Monitor your symptoms. If you have an emergency warning sign (including trouble breathing), seek emergency medical care immediately.</li> <li>○ Stay in a separate room from other household members, if possible.</li> <li>○ Use a separate bathroom, if possible.</li> <li>○ Avoid contact with other members of the household and pets.</li> <li>○ Don't share personal household items, like cups, towels, and utensils.</li> </ul> </li> <li>• Wear a mask when around other people if able.</li> </ul>  | <ul style="list-style-type: none"> <li>• 10 day isolation from date of positive lab AND</li> <li>• No development of symptoms</li> </ul>  |

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| Exposure -<br>School    | Close contact to a positive case within 48 hours prior to the case developing symptoms for a confirmed positive OR test date for individual with no symptoms. | <p>Self-monitor daily for fever or other symptom (listed above) development for 14 days AND</p> <ul style="list-style-type: none"> <li>• NO symptom development** AND</li> <li>• Use of cloth face covering for 14 days post exposure.</li> </ul> <p>**If symptoms develop (one = sudden onset of cough, loss of taste/smell, sudden onset of shortness of breath OR two = fever (100.4 or higher), chills, muscle aches, headache, sore throat, nausea or vomiting, diarrhea, or fatigue) follow isolation protocols listed above.</p>   | <ul style="list-style-type: none"> <li>• Self-monitor daily while continuing normal activities for fever or other symptom development for 14 days AND</li> <li>• Have NO symptom development.**</li> </ul> |
| Exposure -<br>Household | At least one individual within a household is positive for COVID-19.  | <p><b><u>ASYMPTOMATIC VACCINATED FAMILY MEMBER OR FAMILY MEMBER WHO HAS HAD COVID-19 IN THE PREVIOUS 90 DAYS, HAS RECOVERED AND IS ASYMPTOMATIC:</u></b></p> <ul style="list-style-type: none"> <li>• Monitor for symptoms daily while resuming activities. May return to school.</li> <li>• Test 5 days after exposure. <ul style="list-style-type: none"> <li>○ If positive, isolate immediately, even if no symptoms develop.</li> <li>○ Follow isolation protocols.</li> </ul> </li> <li>• Utilize cloth face covering while indoors.</li> <li>• If symptoms develop isolate immediately and seek medical attention.</li> </ul> <p><b><u>UNVACCINATED FAMILY MEMBER (I.E. SIBLINGS):</u></b></p> <ul style="list-style-type: none"> <li>• Isolate ill individual away from well family members. <ul style="list-style-type: none"> <li>○ If this is not possible, exposure is ongoing until the ill person has completed their isolation period. Individual should stay home through isolation period for positive family member. Once isolation is complete the following protocols should be started.</li> </ul> </li> <li>• Unvaccinated individuals should monitor AT HOME.</li> <li>• Test 5 days after last exposure to positive family member.</li> <li>• If test is negative individual can return to activities on day 8 from last exposure AND use cloth face covering while indoors and continue to monitor twice a day through day 14 post exposure.</li> </ul> | <ul style="list-style-type: none"> <li>• Self-monitor daily for fever or other symptom development for 14 days AND</li> <li>• Have NO symptom development.</li> </ul>                                      |

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|                 |   | <ul style="list-style-type: none"> <li>If symptoms would develop isolate immediately and seek medical attention.</li> </ul>   |   |
| At Home Testing | An individual tests positive for COVID-19 using an at home test | <p><b><u>Student or Staff report a POSITIVE at home test:</u></b></p> <ul style="list-style-type: none"> <li>SCHD recommends that individuals that receive a positive result via an at home test be confirmed via a lab test. Link below lists testing locations <a href="http://www.sarpycasshealthdepartment.org/novel-coronavirus#Testing">http://www.sarpycasshealthdepartment.org/novel-coronavirus#Testing</a></li> </ul> <p><b><u>Student or Staff report a NEGATIVE at home test:</u></b></p> <ul style="list-style-type: none"> <li>SCHD recommends that a negative at home test not be used to allow an individual back into school.</li> </ul> | No direct guidance provided at this time. |

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| Antibody Testing   |  | <ul style="list-style-type: none"> <li>• Antibody tests should not be used assess or detect a current infection.</li> <li>• Antibody testing is not recommended to determine immunity to COVID-19 following vaccination.</li> </ul>  | <ul style="list-style-type: none"> <li>• Unvaccinated persons who have tested antibody positive within 3 months before or immediately following an exposure to someone with suspected or confirmed COVID-19 <u>and</u> who have remained asymptomatic since the current COVID-19 exposure do not need to quarantine in low risk situations. <i>*Low risk situations include settings where contact with persons at high risk of COVID-19 severe illness, including older adults and persons with certain medical conditions, is not anticipated for at least 10 days following exposure.</i></li> </ul> |
| Remittance of Ill Students or Staff To School <u>WITH NO KNOWN COVID-19 EXPOSURE</u> | When a student or staff member becomes ill with one of the following new symptoms: cough, shortness of breath or loss of taste or smell OR two or more of the following: fever (100.4 or greater), chills, muscle aches, | <ul style="list-style-type: none"> <li>• If a COVID-19 test is completed: <ul style="list-style-type: none"> <li>○ Positive – Follow isolation guidance for remittance to school</li> <li>○ Negative – Exclude at least 24 hours have passed since last fever without use of medicine (or meets the school’s requirements for readmission) AND symptom(s) have improved.</li> </ul> </li> <li>• If a COVID-19 test is NOT completed: <ul style="list-style-type: none"> <li>○ Exclude for 10 days from symptom onset AND at least 24 hours have passes since last fever with no medications AND symptoms have improved</li> <li>○ <b>**</b>May return to school if MD establishes alternative diagnosis and the student meets the schools requirement for readmission</li> </ul> </li> </ul> | <ul style="list-style-type: none"> <li>• No guidance at this time</li> </ul>  |

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|   | headache, sore throat, nausea or vomiting, diarrhea, fatigue.  |  |  |
| Remittance of Ill Students or Staff To School <u>WITH KNOWN SCHOOL EXPOSURE TO COVID-19</u> | When a student or staff member becomes ill with one of the following new symptoms: cough, shortness of breath or loss of taste or smell OR two or more of the following: fever (100.4 or greater), chills, muscle aches, headache, sore throat, nausea or vomiting, diarrhea, fatigue. | <ul style="list-style-type: none"> <li>If symptoms develop in a student with a known exposure within the 14-day monitoring period (one = sudden onset of cough, loss of taste/smell, sudden onset of shortness of breath OR two = fever (100.4 or higher), chills, muscle aches, headache, sore throat, runny nose/congestion, nausea or vomiting, diarrhea, or fatigue) follow isolation protocols which include: exclude for 10 days from symptom onset AND at least 24 hours have passes since last fever with no medications AND symptoms have improved</li> </ul> | <ul style="list-style-type: none"> <li>School age individual that develop symptoms within 14 day self-monitoring need to follow isolation guidance;</li> <li>Isolation shall continue until: <ul style="list-style-type: none"> <li>At least ten (10) days* have passed since onset of symptoms AND</li> <li>Symptoms have improved AND</li> <li>The isolated individual has been fever-free for at least 24 hours without the use of fever reducing medication *For patients with severe illness or are severely immunocompromised, this length of time may need to be extended.</li> </ul> </li> </ul> |

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|  |  |  | Please consult your health care provider or local health department for further guidance on these situations. |
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